

KUNASHE Q2 NEWSLETTER

SPOTLIGHT: KUNASHE IN THE COMMUNITY.

This quarter, Kunashe Foundation conducted vital menstrual and sexual reproductive health training under the Ubuhle Programme in Murehwa, Mbare and Chitungwiza. Here, we work closely with women and girls from diverse backgrounds, including those with limited formal education, those living with disabilities as well as teen mothers.

These sessions were more than just training—they were safe, empowering spaces where participants shared their realities, asked bold questions, and reclaimed their sense of power and agency. By centering the lived experiences of young people often left out of health conversations, we are actively working to change the conversation around Sexual Reproductive Health.

This is part of our commitment to support informed decision making amongst young people and to drive economic empowerment for women and girls.

Kunashe Takes On ICFP 2025!

We are happy to announce that team Kunashe will be presenting our research and programmes around deve for women and girls at the *International Conference on Family Planning (ICFP) 2025!*



Get Involved!

Your contribution to our mission of ensuring economic empowerment for women and girls matters to us. Whether it is a follow on social media, volunteering, advocating for our work or supporting our programs- we are grateful! Thank you.



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Whatsapp: +263717646997

Email: info@kunashefoundation.org

Website: www.kunashefoundation.org

